**Specialty: Counseling Psychology[[1]](#endnote-1)**

**Post Licensure**

Training Program

**Postdoctoral**

Training Program

**Internship**

Training Program

**Doctoral**

Training Program

**Level of Training**

At least 100 hours of Counseling Psychology CE with 1000 hours of supervised Counseling Psychology experience in professional activities in specialty. 1, 2, 3

2-4 years didactics in Counseling Psychology. All practicum and non-practicum experiences are supervised, and the dissertation or research project should consist of a Counseling Psychology content area. Board certification is introduced, setting specialty certification as professional norm.

At least 50% of supervised experience in specialty.

Professional development on board certification in Counseling Psychology and other relevant specialties is provided.

80-100% of supervised experience in specialty, including professional development on board certification in Counseling Psychology and the early entry process

Major Area

Of Study1, 2, 3

At least 50 hours of Counseling Psychology CE or 2 academic courses with 480 hours of supervised Counseling Psychology practice or other professional activities in specialty, 2, 3

N/A

30% and <50% of supervised experience in specialty

3-4 courses and at least 2 academic terms of practicum training in specialty.

Emphasis

1-2 courses and at least 1 academic term of practicum training in specialty

>20% and <30% of supervised experience in specialty

N/A

At least 25 hours of Counseling Psychology CE or 1 Counseling Psychology academic course with 240 hours of supervised Counseling Psychology practice or other professional activities in specialty.1,2,3

Experience

Exposure

At least 15 hours of CE in Counseling Psychology practice or other professional activities in specialty, 2, 3

Up to but not more than 20% of supervised experience in specialty

1-2 courses in specialty

Up to but not more than 20% of supervised experience in specialty

1. ## 1 Counseling psychology is a general practice and health service provider specialty in professional psychology. It focuses on how people function both personally and in their relationships at all ages. Counseling psychology addresses the emotional, social, work, school and physical health concerns people may have at different stages in their lives, focusing on typical life stresses and more severe issues with which people may struggle as individuals and as a part of families, groups and organizations. Counseling psychologists help people with physical, emotional and mental health issues improve their sense of well‐being, alleviate feelings of distress and resolve crises. They also provide assessment, diagnosis, and treatment of more severe psychological symptoms. Specialized knowledge includes (across all stages of development including childhood, adolescence, adulthood and older age) a focus on healthy aspects and strengths of clients (whether being seen as individuals, couples, families, groups or organizations, environmental/situational influences (how cultural, gender and lifestyle issues shape people’s experiences and concerns), issues of diversity and social justice (e.g., advocacy), and the role of career and work in people’s lives (<http://www.apa.org/ed/graduate/specialize/counseling.aspx>).

   2 Coursework in Counseling Psychology includes assessment, intervention, ethics and the scientific foundations in psychology, in addition to a training focus in diversity, multiculturalism, social justice, wellness and prevention, vocational, and supervision issues.

   3 Professional activities in Counseling Psychology include encompasses work in practice (as a practitioner, supervisor, or consultant); science, and/or teaching. [↑](#endnote-ref-1)