Minutes of the 2018 Meeting of the Council of Specialties in Professional Psychology

Date: November 3, 2018
Time: Arrive: 8:00 a.m.
Executive Session: 8:15 – 9:00 a.m.
Open Session: 9:00 a.m. – 4:00 p.m. (guests and liaisons in attendance)
Place: APA Headquarters, 750 First St. NE, Washington, DC

Agenda Items

Executive Session:
1. Roll Call
2. Dues for 2019
3. Ratify contract for webmaster (Bonnie Palmer)
4. Elections: Vice president (2-year term), Treasurer (2-year term)
5. Approve final draft of CoS Primer

Open Session:
1. Ratification of Actions taken up in closed session
2. Consent Agenda
   01. Approval of 2017 Minutes
   02. Financial Report
   03. Specialty Council Reports in Agenda Book
3. Announce Election Results
   01. Vice president
   02. Treasurer
4. Follow-up on Action Recommendations from Summit 3.0
   01. Consistent Specialty Title
      i. Rationale for same CRSPPP and ABPP name
      ii. CoS request that all specialties align names—Group, Clinical
          Child not aligned
   02. Education and Training Taxonomies (Priority action item from Summit 3.0)
      i. Presentation on E & T Taxonomy (Seime)
      ii. Taxonomies are needed from each specialty
      iii. Use of E & T specialty taxonomy in training program descriptors
      iv. CRSPPP Request (Minniti)—ask specialties via COS to collate a list of universities/institutions that they are aware of to be either using or perhaps planning to use the respective agreed taxonomy for their specialty?
      v. CoS EC recommends polling doctoral programs in specialties of clinical psychology, counseling psychology, and school psychology
      vi. Request to CCTC for update on adoption/use of E & T taxonomy by training councils
   03. CoS letter to CoA re: recognizing and adopting the recently adopted definition of specialty; recognize and endorse the specialty
taxonomy; and defer recognition of specialties to CoS
04. Dissemination of Summit Recommendations—“to do”
   i. TEPP article on truth in advertising—Arnold, Molinari, Cox, Seime
   ii. PPRP article re: when general practice ends and specialty practice begins—Corey, Sexton, Hauser, Cox
   iii. American Psychologist article summarizing the work of the three Interorganizational summits—Cox, Arnold, DeMers
05. Summit 4.0- date?
5. Level 3 specialty postdoctoral competencies
   01. Update on status of revision/public comment/ implementation by CoA
6. Report and Request from Office Early Career Psychologist/APAGS (Ameen)
   01. Present data on ECP perspectives and attitudes around specialty training and pursuit of board certification
   02. Discussion of how many of the Specialty Councils recommend and or require a postdoc?
7. APPIC Request of CoS (Aosved)
   01. Context—The APPIC Board of Directors is in the early stages of considering whether (and if so, when) to implement a policy change such that accreditation would be a requirement for internship programs to participate in the APPIC Internship Match.
   02. APPIC Board seeks feedback on:
      i. Does your training council generally feel favorably or unfavorably disposed to this potential change, or mixed? Based on what rationale?
      ii. If this were to occur, what issues do you foresee that warrant consideration with respect to implementation? Do you have ideas you wish to share in this regard?
8. Specialty Representatives Reports/Discussion
   01. Status of appointment of new representative if term is expiring
   02. Promotion/inclusion of ECPs by Specialty Council
   03. Specific issues that CoS should address
   04. Information and engagement that is needed by CoS from specialty councils
9. Set date for next meeting

CoS EXECUTIVE SESSION

1. Roll Call
Absents
David Corey, Secretary
School Psychology rep (Michael Tansy resigned position as representative prior to meeting)
Liaisons from ABPP, ASPPB, APPIC, CRSPPP
In attendance:
President
Richard J. Seime, PhD, LP, ABPP (1st term, ends 12/31/2019)
Vice-President
Kevin D. Arnold, PhD, ABPP (1st term, ends 12/31/2018) by conference call
Treasurer (term ends 12/31/18)
Victor Molinari, PhD, ABPP (Partial term)

REPRESENTATIVES:
Clinical Child and Adolescent Psychology
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Counseling Psychology
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Couple and Family Psychology
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**Forensic Psychology**
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**Group Psychology and Group Psychotherapy**
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**Professional Geropsychology**
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**Rehabilitation Psychology**
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**School Psychology**
No representative in attendance

**Sleep Psychology**
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**LIAISONS:**
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**American Psychological Association of Graduate Students (APAGS)/American Psychological Association Committee on Early Career Psychologists (CECP)**
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**GUEST:**
Shirley Glynn, PhD Observer from Serious Mental Illness/Severe Emotional Disturbance

2. **Dues for 2019**
Discussed anticipate expenses which include cost for a webmaster.
Arnold – recommended that CoS hire an administrative person for labor intensive projects; he indicated that travel costs for the next summit may reach at least $6000 to pay 4 CoS attendees, 1 ECP, and 1 person from CCTC.

Seime – indicated that we need to fund some CoS members to attend summit

**Action:** Glenn Smith made a motion that the 2019 dues increase to $350 from the traditional $300 (the last 2 years the specialties had special assessments of $250 for a total of $550 and this is no longer needed). This motion was passed unanimously with no recusals.

3. **Webmaster Contract with Bonnie Palmer**

Molinari highly recommended Bonnie Palmer as webmaster because he had experience with her being the webmaster for two geropsychology groups. She is knowledgeable and reliable. It was noted that the amount of work she did had to be first approved by CoS.

**Action:** A motion was made to approve the webmaster contract for Bonnie Palmer, and it was approved unanimously.

The WIX account (the platform for CoS website) is now in Rick Seime's name as administrator of account. Seime will be point of contact for CoS representatives who need to have material for website uploaded.

4. **Elections**

Molinari was the only nominee for Treasurer and was elected.

Kevin Arnold said he would not run again for vice-president. There were no in-person nominees for Vice-President, but Nina Brown thought that her replacement for Group Psychology & Group Psychotherapy rep, Sally Barlow, might be interested.

Minniti reviewed the bylaws and said that there was a limitation of two consecutive terms for Executive officers.

**Action:** A motion was made to hold a special online election at the beginning of next year after nominations for Vice-President have been solicited. It was unanimously approved.

A solicitation for Vice-President nominations will be made by Seime.

5. **Approve final draft of CoS Primer**

Phillips, Farrell and Arand commented that the CoS primer was very helpful to them.

It was decided that the CoS primer will be consistently updated and put on the CoS website.
Action: The CoS Primer draft was approved by the CoS. There will be edits for the list of Initialisms and Acronyms incorporated into final document. Summit materials in the CoS primer will be put in the Appendix for ease of updating. Primer will be available on the CoS website.

OPEN SESSION

1. Ratification of Actions taken up in Closed Session

A motion was made to ratify the actions taken in the closed session and direct the secretary to list those actions under this motion in the open session minutes. It was passed unanimously.

2. Consent Agenda

2.1 There was approval of the 2017 minutes.

2.2 Molinari reported that financially CoS is in good shape, with over $16,500 in its coffers with no significant outstanding expenses.

3. Announce election results

Election results were approved. Molinari was elected Treasurer. Election for Vice-president was deferred until early next year after nominations have again been solicited. Election of Vice President will be conducted by email ballot.

4. Follow-up on Action Recommendations from Summit 3.0

4.1 Consistent Specialty Title

One specialty council, Group Psychology and Group Psychotherapy decided to maintain both its CRSPPP name, Group Psychology and Group Psychotherapy, and the ABPP name, Group Psychology. Group Psychology and Group Psychotherapy did not think this caused much confusion.

Clinical Child Psychology has not yet decided which specialty name(s) will be used.

CoS does not have an enforcement mechanism in place to ‘force’ the issue. Smith said that the CoS role should be a supportive one, and should not be viewed as “using the stick” to carry out our initiatives. Indeed Brown made the point that this name uniformity initiative was formulated at the specialty summit and we are not imbued with any direct enforcement capacity. An idea was presented that we should recommend to CRSPPP that it review the idea that specialty uniformity of names between CRSPPP, CoS, and ABPP be
made part of the CRSPPP recognition of specialty criteria. However, Smith questioned whether naming uniformity would actually be a public benefit. He also brought up the idea that it could be proposed to be used as CRSPPP evaluative criteria but he does not support this. Smith indicated that specialties should recognize that transparency is a positive for students and professionals alike. Minniti indicated that CRSPPP has carefully considered and supports specialty name alignment. **Seime indicated that perhaps an educative approach was best and that no further action was needed. CoS reps seemed in agreement that no further action was needed but supported ongoing talks between groups.**

### 4.2 Presentation on E&T taxonomy

Seime gave a 20 minute presentation on the E&T taxonomy. He stressed that the main point of the taxonomy was to consistently describe education and training in the specific specialties.

Smith emphasized that the goal of the taxonomy was NOT to outline training sequences for specific specialties, or to show how those in programs become specialists.

The E&T taxonomies for each specialty are posted on the CoS website.

Minniti noted that the CRSPPP website has an overview of the taxonomy geared to doctoral students. Perhaps these resources should be made available on the CoS website.

**Action:** **Any specialty whose Taxonomy is not yet posted to CoS website, should send their taxonomy to Dr. Seime, CoS president, for posting.**

**CRSPPP request regarding use of the taxonomy**

There was a request from CRSPPP to identify university programs that are currently using the specialty taxonomy. Toni Minniti explained the rationale for CRSPPP request. The CoS EC thought it would be best if they started with identifying all the clinical, counseling, and school programs that were using the taxonomy.

**Action:** **A strategy was endorsed to conduct a survey of programs within each of the specialties of clinical, counseling, and school psychology on Survey Monkey.** Julia Phillips (counseling) will take the lead with Farrell (clinical) and representative to be identified for school psychology to help coordinate this project. Smith indicated that one of his colleagues is the head of CUDCP and could be helpful in this endeavor.

**Request to CCTC for update on adoption/use of E & T Taxonomy by Training Councils**

A letter to CCTC for an update on the use of the E&T taxonomy was drafted by Seime and a copy included in agenda materials for this meeting.
4.3 CoS letter to CoA:

This letter, a copy of which was included in agenda materials for this meeting, asks CoA: 1) to recognize and adopt the agreed upon summit definition of specialty; 2) to recognize and adopt E & T taxonomy for descriptors of educational and training content of programs seeking accreditation; 3) Yoke CoA’s recognition of specialties to CoS recognition. CoS reps had a positive reaction to request made of CoA, and the letter’s content and its intent. CoA acknowledged receipt of the letter from CoS.

Seime raised the question that even though CoA and APA are relatively independent of each other, is CoA not able to still endorse the taxonomy ratified by APA?

Sexton mentioned that alignment between CoA and CoS is important.

4.4 Dissemination of Summit Recommendations

A point was brought up about the possibility of combining the proposed TEPP article on transparency with the proposed broader American Psychologist article on the summit recommendations.

Action:

**TEPP article on truth in advertising (Arnold, Molinari, Cox, Seime)**

**PPRP article re: when general practice ends and specialty practice begins (Corey, Sexton, Hauser, Cox, Kelly)**

**American Psychologist article summarizing the work of the three Interorganizational Summits (Cox, Arnold)**

4.5 Summit 4.0 Interorganizational summit on specialty, specialization and board certification

**Scheduled for June 15 & 16, 2019 in the APA Building, Spire Rm.** APA Education Directorate will provide support for Summit. Specialty training councils may be able to help ‘chip in’ for the costs of the summit. Seime suggested that an ABPP foundation Grant might fund travel of an ECP.

Organizing group will include Seime, Arnold (although just as a consultant), Cox, Molinari, Brown, Phillips, Ameen, and Farrell (others to be added). Arnold indicated that the main thrust of the summit should be to support the implementation of the specifics of the prior summit recommendations. The structure of the specialties should be similar across CoS, ABPP, CRSPPP.
Key groups to invite should include ECPs and students. Brown recommended that we emphasize diversity and perhaps invite leaders from a diversity group. Smith noted that at a neuropsychology meeting, the Hispanic Society of Neuropsychologists was specifically invited and proved successful. BIAPPI needs to be invited. Need to be aware that there are 6 new people in top positions at APA. Seime mentioned that BEA needs to be involved in Summit.

5. **Level 3 specialty-specific post-doc competencies**

CoS coordinated a project at request of CoA to obtain from each recognized postdoctoral specialty their specific post-doc competencies. These were submitted by CoS to CoA on July 1, 2017.

Level 3 specialty specific postdoctoral competencies will be required for accreditation and are very important.

CoA needs to put the submitted specialty competency documents into a format then can be used in the accreditation of postdoc programs. Once the CoA reworks these competencies for the purpose of use during accreditation review, they will go out for period of public comment followed by incorporation of the public comment feedback, before the level 3 competencies will be used. Public comment planned in 2019 with date for implementation of the Level 3 competences yet to be determined.

6. **Report CECP survey attitudes about specialization – Ameen**

6.1 *Data on ECP perspectives*

(n=1923; 25% response rate)

43.3% said they were not planning to become board certified; 22.3% were not sure

>30% said board certification was not affordable; implication is to reduce fees for ECP – Someone noted that this has already done

35% said not financial reimbursement was available

Early-entry option was very popular

Reasons for doing a post-doctoral fellowship – hours for licensure was the main reason, followed by getting specialized training

Smith said that APA must figure out a way to assure quality of pre-internship practica before supporting the Model Licensing act. He noted that board certification as specialist result of peer-reviewed process just like papers published and grants funded.
CECP next steps include:

a. Advocacy for reduced fees
b. Advocacy for states to adopt APA’s Model Act for State Licensure for Psychologists
c. Count pre-internship hours (in addition to internship hours) for licensure
d. Establish award to support SPTAs’ work on legislative or regulatory changes

6.2 How many Specialties require a post-doc

Most specialties (except for Clinical Neuropsychology) allow credentialing through different paths other than formal post-doctoral programs

7. APPIC request of CoS - Aosved

APPIC requested feedback from CoS board of directors regarding our thoughts about requiring APA accreditation in order for programs to participate in the APPIC match.

It was discussed that in the last few years we have finally achieved some balance between supply & demand for internships, but last year 579 individuals from APA-approved graduate programs did not match with an APA-approved internship. If we make APA-accreditation a requirement, these stats may well get worse.

Sexton made the point that it is important to support the value of APA accreditation.

Seime said that it would be best to get the opinions on this matter from groups within each Specialty Council that emphasized training. It appears that geropsychology, clinical health, family, counseling, clinical, neuropsychology, rehabilitation, forensics, and psychanalysis have separate constituent entities within their Specialty Councils that emphasize training, but Police & Public Safety, Sleep, and Group Psychology and Group Psychotherapy do not. However, at some level all the specialties address training issues whether or not they have a specific “training council” within the specialty council

Action: Seime will draft a letter that will be sent to each Specialty Council representative requesting each ‘poll’ their specialty’s view/opinion about programs needing APA accreditation to be eligible for the APPIC match.

8. Specialty Representatives Discussion

8.1 Specialty Reps terms:

Some specialty reps are ending their terms:

Sally Barlow will replace Nina Brown as the new rep for Group Psychology and Group Psychotherapy.
Forensic Psychology will have Lori Hauser for another 3 years.

John Watkins is staying as the Psychoanalysis rep.

Rehabilitation Psychology will replace Glenn Curtiss, but he will remain until another person is appointed in 2019.

Glenn Smith said that a successor for Clinical Neuropsychology rep will be named by the end of the year.

Eddy Ameen will remain as ECP liaison.

Jen Kelly will replace Dave Corey as representation to Police & Public Safety.

Thomas Sexton will serve second term as Couples and Family Psychology Representative.

Karen Farrell will begin first term as Clinical psychology Specialty Council Representative 1/1/2019.

8.2 - Inclusion of ECPs

Ameen encouraged Specialty Councils and/or their constituent organizations to appoint ECPs to their boards. ECP involvement is important for diversity. Ameen said that he is a conduit for messages to ECPs

8.3 - Issues that CoS should address

A discussion was initiated regarding the importance of making public comments on APA documents. Sexton said that CoS should make comments supportive of specialties when we can.

8.4 Information and Engagement need from specialty councils

Seime emphasized the importance of maintaining up-to-date information on CoS website.

9. Next CoS meeting

Nov 2, 2019

The council thanked the APA Education Directorate and Toni Minniti in particular for supporting the work of CoS

Meeting adjourned at 3:00 pm